

MAINELY EXPERIENCES

COASTAL BLISS EXPERIENCES

PRESENTED BY
MAINELY EXPERIENCES IN PARTNERSHIP WITH THE DAILY SWEAT

Escape into a peaceful, intimate coastal wellness experience designed exclusively for two. Coastal Bliss invites couples to slow down, reconnect, and enjoy a restorative moment together in a beautifully curated private setting.

Whether you're celebrating an anniversary, planning a romantic getaway, or simply looking for meaningful time together, this experience blends relaxation, indulgence, and connection in one of Maine's most calming wellness environments.

Your private experience includes exclusive access to a tranquil wellness suite featuring:

- Soothing Sauna
- Rejuvenating Steam Shower
- Invigorating Cold Plunge
- Comfortable Lounge Space for Relaxation

Unwind at your own pace as you move between the sauna, steam, and cold plunge, allowing your body to relax while your mind resets. With no crowds and no schedule to rush, the space becomes your own personal retreat.

To elevate the experience, a beautifully styled tasting board awaits you – featuring a curated selection of artisan bites, charcuterie, fresh fruits, and a sweet Maine-inspired treat. Sparkling water is included, creating a light and refreshing pairing as you relax and enjoy the moment together.

Soft décor accents and thoughtful touches create a calm, romantic atmosphere that feels both indulgent and effortless.

Optional Enhancements

Elevate your experience with additional curated touches:

- Couples massage services
- Private yoga or guided meditation
- Keepsake robes
- Celebration décor
- Curated gift bags



[Reserve Your Private Experience](#)

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